

### March 2019? Opening Hours

Mon - Sat 10am – 5.30pm  
Sunday 11am – 5pm

### GALE Gardening Group; Tuesday mornings, 10 – 12pm

The GALE Gardening Group at Good for Ewe at Inverasdale is up and running again from 10 - 12 noon on Tuesdays mornings! This group includes parents and children and is for anyone with an interest in growing outdoors or in the polytunnel. We are still growing lettuces, leeks, broccoli and much more! We have big plans for growing tasty fresh food for the table. Usually, an hour or two in the garden is followed up by a cuppa and some cake or scones, so it is very sociable and everyone is welcome!

Please contact Jenni for any further information or just come along!  
jenni@galeteam.co.uk

### Elizabeth Larson Knitwear Exhibition; 4 March – 31 March

On now! Don't forget to pop in and have a look at our current exhibition.



Jan Appleton is the designer / maker behind Elizabeth Larsen Knitwear who will be exhibiting at the GALE Centre 4th March - 31st March. Each design is individually knitted and finished using the finest of yarns in her workshop in Gairloch, Highlands of Scotland.

### Wester Ross Older People Get Together, Gairloch March 2019

We were delighted to host the Wester Ross Get Together last week in collaboration with Age Scotland and Highland Senior Citizens Network.

These organisations have been arranging gatherings across the Highlands for the last 2 years; to give older people, organisers and members of older people's groups, and services and organisations supporting older people, the opportunity to come together informally, discuss common issues, share information about their groups and local services. It was wonderful to see so many people



coming together!

Thoughts from the day:

**What makes a good community for people of all ages?** – *'A community that cares about everyone and provides services that are easily accessible to all.'*

**What have I got out of today?** – *'I found it very interesting hearing about all these organisations that I did not know existed. It is helpful to know that we can contact these different people.'*

**Suggestions for our next visit?** – *'More of the same but we need to get folk that weren't here to come!'*

### Charcoal on sale in The GALE Centre!



In collaboration with NTS Inverewe Gardens and our supported volunteer programme

we've been charcoal burning in the woods, creating a useful product from the invasive species, rhododendron ponticum! Our BBQ charcoal retails at £7.99 including some pine cone fire lighters! All the proceeds will go towards supporting our outdoor learning programme, pop in and get some while it lasts, we

have small packets of artists charcoal too!

### Job Opportunity - General Assistant Role, Part-Time at The GALE Centre

We are looking for a General Assistant to serve customers in our busy community café, shop and tourist information point at The GALE Centre.

The Centre is open 7 days a week, all year round. The general assistant role is year round but there will be some seasonal variation in hours.

This is a part time position of up to 16 hours per week. All appointments are made on merit with hours negotiable to suit the best candidate. Flexibility to work Saturdays would be an advantage but not essential. For more information and full job specification please contact

[Leah@galeteam.co.uk](mailto:Leah@galeteam.co.uk)

**GALE is a membership organisation open to all. It is a Scottish Registered Charity and works on social, economic and environmental projects that help to build strong, resilient communities in the Gairloch and Loch Ewe area. Become a member to support our work or contact us to find out more about any of our projects.**